

**TRIAL SHEET: GROUNDSTROKE CUEING**  
by Bob Love USPTA (Master Pro)

TRIAL SHEET: Contains some ideas that have worked for me. TRY THEM and give feedback to Bob Love at [boblovetennis@comcast.net](mailto:boblovetennis@comcast.net)

**The COACH's JOB: Train the player to make "UGLY" shots "PRETTY"!**



Shoulder



Shoulder

Situation: HIGH BALL (Meet above shoulder)  
("UGLY" shot)

CUE: "STROKE SHOULDER TO SHOULDER"

- Hints: 1) "Give the ball AIR!"  
2) Give a LOT of ENERGY!!!  
3) STEP THROUGH the stroke!



Shoulder



Shoulder



Pocket



Shoulder

Situation: Waist -high ball ("PRETTY" shot)

CUE: "STROKE POCKET TO SHOULDER"

- Hints: 1) LOAD THE LEAD LEG  
2) EXPLODE, "FIRE", THE HIPS  
3) STEP TO THE BRAKE STEP



Pocket



Shoulder



Pocket

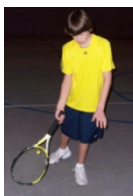


Pocket

Situation: MID-COURT WAIST-HIGH BALL ("PRETTY" shot)

CUE: "STROKE POCKET TO POCKET" (The "RAFA" Forehand)

- Hints: 1) Meet the ball IN FRONT of the body  
2) ROTATE THE FOREARM while REACHING FORWARD  
3) KEEP YOUR HEAD DOWN!!



Pocket



Flick "Flip"

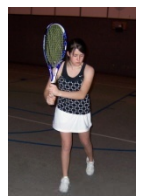
Situation: FORE-COURT LOW BALL  
("UGLY" shot)

CUE: "STROKE POCKET TO FLICK"

- Hints: 1) Meet the ball IN FRONT of the body  
2) FINISH WITH FOREARM HORIZONTAL.  
3) KEEP YOUR HEAD DOWN!!



Pocket



Flick "Flip"



Shoulder



Pocket

Situation: FORE-COURT SHORT- HIGH BALL (Meet above shoulder)  
(Often "UGLY" shot)

CUE: "STROKE SHOULDER TO POCKET"

- Hints: 1) SET ARM AND ROTATE SHOULDER  
2) STEP THROUGH the stroke!



Shoulder



Pocket