



# USPTA—Kentucky Coaching Basic Tennis 2010



**Co-Sponsor:** Mountain Tennis Circuit (A USTA Community Tennis Association)

**USPTA-Kentucky Visit:** [usptakentucky.com](http://usptakentucky.com)

## *MTC-Central Kentucky Coaching Workshop*

**WHEN:** Saturday, March 13, 2010    **SITE:** Greg Adams Tennis Center, EKU

**Workshop Director:** **Bob Love USPTA (Master Professional)**

**MTC Host:** **Donnie Head**    **Host Pro:** **Lane Ortenburger, USPTA**

### MORNING SESSION

**FOR:** Middle and high school coaches and adult "leaders" who assist them with their teams.

**COST:** \$ 15 for first coach and \$ 10 for each additional "Leader"  
Each school will receive materials to assist their programs.

### Schedule (9 am to NOON)

The 2010 curriculum will prepare the coaches to assist their players with the skills discussed in the afternoon session..

### AFTERNOON SESSION ( 1:00 TO 4:00)

**FOR:** Players (each school can send 6 players (boys and girls))

**COST:** \$ 10 per player    **Coaches from morning session: NO CHARGE**

### SCHEDULE

**1:00 TO 2:00:** *The Balanaced Hands Approach to succesful strokes*

**2:00 – 3:00** *All-Court Strokes and Footwork*

Topics: Matching Lateral and Diagonal footwork with high-percentage strokes

**3:00 –4:00** *Success—the Doubles Way*

Topics: Developing singles and doubles skills through FUN doubles

### REGISTRATION FORM (EKU-2010)

Lead coach: \_\_\_\_\_ Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Other "Leaders": \_\_\_\_\_, \_\_\_\_\_

Players: Coaches can bring whoever they want (6 maximum)

**Enclose check:** Lead Coach \$ 15, Other Leaders \$ 10 each  
Players \$ 10 each.

(made out to *USPTA-Southern Division*)

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